



# GRAND SLAM STRENGTH

## Prices and Services

[grandslamstrength@gmail.com](mailto:grandslamstrength@gmail.com)

### PERSONAL TRAINING

\$75/Session

\$560/8 Sessions

\*Free Assessment Session Included for Individuals

### PRIVATE GROUP TRAINING

2 Individuals - \$400/8 Sessions

3-8 Individuals - \$80/Individual (4 Sessions)

- \$150/Individual (8 Sessions)

Team (8+) - \$1000/8 Sessions

### PROGRAMMING

\$100/Month

Remote programming with weekly virtual check-ins and free in-person consultation.

### MEMBERSHIP

\$25/Month

Facility access when not in use by other programs. Availability subject to change at any time. A facility schedule will be provided upon purchase.

### PRIORITY PERFORMANCE TRAINING

\$150/Month

Programming with priority access to Grand Slam Strength facility with on-floor coach and in-person check-ins. Membership included.



@gsstrength



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\*All products and services subject to sales tax